AUDACIOUS GADHAFI PLOT HAS CANADIAN CONNECTION

{page 7}

WOW THE CROWD
TRY THIS CREAMY CRAB AND RICE CASSEROLE {page 19}

BEWARE
SCAMMERS AIMING FOR SMARTPHONES

{page 6}

CREDIT AMNESTY 2011
Guaranteed Credit Approvals
No Matter what your Credit Score or History

EVERYONE APPROVED!

With our patented finance program, purchasing your vehicle is hassle free. Most people have credit issues! At Ride Time... "THAT'S WATER UNDER THE BRIDGE!" No co-signer required.

CanadaWIDE Vehicle Finance Ltd.

CALL THE AMNESTY HOTLINE
204-272-6161 • 1400 Regent Ave. West
204-272-6064 • 715 Pembina Hwy.
www.ridetime.ca

WINNIPEG
metro®
Thursday, December 8, 2011
www.metronews.ca
News worth sharing.

SVJETLANA MLINAREVIC/FOR METRO

Canadian Man

▶ Canadian country crooner Paul Brandt played to a crowd of 3,000 excited fans at MTS Centre last night. See more photos online at metronews.ca/winnipeg.

NEED EXTRA CASH FOR THE HOLIDAYS?
NEW INSTANT CASH FOR SILVER
GOT GOLD? WE WILL BUY THAT TOO! Visit one of our many locations.
Money Mart®
moneymart.ca

iPhone 4S and tons of data.

iPhone 4S 16 GB

$159
3 year term with any $50 plan

$649
No term

Unlimited Voice Winnipeg 50

- 5 GB of data for video streaming, tethering, GPS and more*
- Unlimited local calling†
- Unlimited text, picture and video messaging‡

$50/mo.**

TELUS Learning Centre™ Make the most of your iPhone with a FREE one-to-one TELUS Learning Centre session today.

telusmobility.com

iPhone

TELUS
the future is friendly®

For more details on these great offers, visit your TELUS store, authorized dealer or retailer, visit telusmobility.com or call 1-866-264-2966.

FUTURE SHOP · BEST BUY · THE MOBILE SHOP · LONDON DRUGS · BLACK'S

TELUS STORES & AUTHORIZED DEALERS

Winnipeg
Kenaston Power Centre
Polo Park Shopping Centre
St. Vital Centre
Garden City Shopping Centre
Kildonan Place Shopping Centre
Portage Place Shopping Centre
Southglen Shopping Centre
The Shops of Winnipeg Square
Unicity Mall
K - 730 St. Anne's Rd.
197 Lelia Ave.
1053 St. Mary's Rd.
1225 St. Mary's Rd.
3653 Portage Ave.

*Cannot be combined with any other data plan. Tethering included. Additional data is charged at 5¢/MB and is rounded up to the closest KB (1 GB = 1,024 MB; 1 MB = 1,024 KB). Data usage is subject to a monthly overage limit of 10 GB. †Applies to local calls made on the HSPA+ network available from TELUS within the province of Manitoba. ‡Premium messages are not included. An additional 20¢/message charge will apply for each text message or attachment sent to clients outside of Canada and the US. An additional 60¢/message charge will apply for text messages sent or received while roaming internationally. Visit telusmobility.com/text for details. Clients with phones not able to display picture or video messages will receive a text message that includes a web address for viewing. Multimedia messaging used while outside of Canada is charged as data roaming. **Taxes, long distance, additional airtime, roaming and pay-per-use charges are extra. TELUS, the TELUS logo, the future is friendly and telusmobility.com are trademarks of TELUS Corporation, used under licence. TM & © 2011 Apple Inc. All rights reserved. © 2011 TELUS.

Disgraced coach guilty again

LARRY MACDOUGAL/THE CANADIAN PRESS

▶ Theoren Fleury at a press conference in Calgary yesterday.

Recent sexual-assault charges came to light after Fleury published autobiography detailing abuse

Former junior coach and convicted sex offender Graham James pleaded guilty yesterday to sexual assaults involving two of his former players, including NHL star Theoren Fleury.

A soft-spoken, emotionless James entered the plea in a Winnipeg courtroom via video link from Montreal.

The disgraced coach was originally facing nine charges of sexual assault involving three players between 1979 and 1994, but only pleaded guilty to charges involving Fleury and another victim, whose name remains under a publication ban.

Charges related to a third complainant, Greg Gilhooly, were stayed.

James has been out on bail for almost a year and is living in Montreal.

He is to be sentenced Feb. 22 and will have to appear in Winnipeg for that.

"He was given bail.... This is what the mighty Canadian justice system allowed a previously convicted child rapist to do."
THEOREN FLEURY, SEXUAL-ABUSE VICTIM

There has been no deal struck on how he will be sentenced, but he remains on bail for now.

James already served a three-and-a-half-year prison sentence for abusing other former players he coached, including former NHL-er Sheldon Kennedy.

An agreed statement of facts read out in the Winnipeg courtroom by Crown Colleen McDuff said James's abuse of Fleury started in September 1983 and lasted until August 1985. **THE CANADIAN PRESS**

RCMP officer to spend time behind bars

One of two Manitoba Mounties convicted of beating a handcuffed prisoner has been sentenced to jail.

Cpl. Jeffrey Moyse was sentenced yesterday to four months behind bars.

But Court of Queen's Bench Justice Perry Schulman ruled Const. Trevor Ens can serve his four-month sentence in the community.

Schulman earlier convicted the two officers of assaulting 22-year-old Conley Papineau.

Papineau was beaten in October 2008 in a parking lot outside a hotel bar in Traverse Bay, about 120 kilometres northeast of Winnipeg.

RCMP Assistant Commissioner Bill Robinson said in a news release the force respects the decisions of the court.
THE CANADIAN PRESS

News in brief

Drugs seized in apartment

Winnipeg police say they have seized more than $45,000 worth of drugs and cash in a raid.

Police entered an apartment on Balmoral Street on Monday and found $20,000 worth of ecstasy, $3,000 worth of cocaine, $4,500 of MDMA and $17,500 cash. Two men were arrested and charged. **METRO**

If you find Taser part, call cops

A Taser cartridge is on the loose in northwest Winnipeg. The cartridge was lost on Monday, sometime between 7 a.m. and 5 p.m. **METRO**

1 news

Health Canada is imploring physicians not to prescribe the drug Avastin for conditions other than cancer, as serious complications have been linked to such off-label use in the U.S. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Indonesian police give the force's lip-synching cop the axe. Video at metronews.ca/video

Follow us on Twitter @metrowinnipeg

Become a Plasma Donor

We are looking for healthy people with negative blood types to donate plasma. Plasma will be used to create a medication that can save babies lives. Plasma donors are compensated for their time.

cangeneplasma.com (204) 771-2804

Minister breached Wheat Board Act: Judge

Supporters of single-desk system say it keeps producers from competing against each other Opponents say they want freedom to seek deals

SEAN KILPATRICK/THE CANADIAN PRESS

▶ Agriculture Minister Gerry Ritz stands during question period in the House of Commons on Parliament Hill in Ottawa yesterday.

A defiant Agriculture Minister Gerry Ritz insists Ottawa will not back down on changes to the Canadian Wheat Board, despite a federal court ruling against him.

Ritz said the Marketing Freedom for Grain Farmers Act, which will end the board's marketing monopoly, won't be stopped.

"We will proclaim it into law before the end of this year to bring certainty and clarity to farmers, to the industry overall and to, of course, our customers domestically and abroad," Ritz said in a conference call.

"We want this in place so that farmers can take advantage of it and make use of the coming crop year August 1st of 2012. Nothing has changed."

The minister's comments came after Justice Douglas Campbell said in a written ruling that Ritz breached the Canadian Wheat Board Act by making changes without talking to producers.

Lawyers for the wheat board had argued that Ritz broke section 47.1 of the Canadian Wheat Board Act.

Ritz said the government will appeal the ruling.

Former Liberal agriculture minister Ralph Goodale, who wrote section 47.1, said "the court did not mince words."

Winnipeg Centre MP Pat Martin, the NDP critic for the Canadian Wheat Board, said the government should "put the brakes" on the bill if it has "any respect whatsoever for the parliamentary process."

He didn't know if the government could legally proceed.

"They've demonstrated throughout their mandate that they'll do whatever they damn well please whenever they damn well please, regardless of what the law says. I mean if they're willing to break the law to fulfil this ideological free-market flight of fancy, then I have no doubt that they are willing to defy this court order," said Martin.

THE CANADIAN PRESS

Scotia development passes EPC

SVJETLANA MLINAREVIC/FOR METRO

▶ Coun. Ross Eadie.

The city's executive policy committee ruled yesterday a proposed fourplex at 108 Scotia St. can proceed for council approval on Dec.14.

The site has been controversial since a private email regarding the development, which Coun. Ross Eadie had sent to fellow councillors, was leaked to the press last week.

Eadie has stated he has no problem with building homes on the lot in question but that the structures should be two single-family homes, which he said would fit better with the neigbourhood's aesthetic.

"This is our Kildonan Drive and Wellington Crescent," said Eadie. "The Our Winnipeg Plan calls for density, but density that fits. This doesn't fit."

The proposed 5,000-square-foot building will house four condo units priced at $250,000 each.

SVJETLANA MLINAREVIC

REVENUE CANADA

Local charity fined

A local Winnipeg charitable foundation is in trouble with Revenue Canada after allegedly donating to foreign Christian charities after being told not to.

The Globe and Mail reports Reimer Express Foundation was fined $174,000 for donating about $250,000 to charities and individuals in Britain and the U.S., including Christian charities Elam Ministries and Christian Solidarity.

Current Canadian regulations say charities can't give to charities outside the country unless that charity has been approved by Canadian officials.

Reimer Express allegedly agreed to stop giving to the unapproved charities, but continued to do so, and even made a payment to an organization that has since had its charitable status revoked. ELISHA DACEY

Forney signs on for two more years

FILE PHOTO

▶ Rick Forney

Winnipeg Goldeyes owner and CEO Sam Katz announced yesterday field manager Rick Forney has been signed to a two-year contract.

Forney, 40, has been at the helm of the Goldeyes for the past six seasons, leading the team to a 316-265 record over that time and five trips to the post-season. This past summer Forney guided the Fish to a team-record 60 wins, its first division pennant since 2003. He was named the American Association's Manager of the Year. Winnipeg also set a new home record for wins in a season with 33.

"Rick has consistently assembled a winning team in Winnipeg throughout his first six seasons as manager and I am ecstatic that he will continue that role with the team for at least the next two seasons," Katz said.

SCOTT UNGER

New funds for medical equipment

The province is investing an additional $8.7 million to purchase advanced diagnostic equipment as part of its $120-million commitment for new and upgraded medical equipment over the next four years, Health Minister Theresa Oswald said yesterday. Upgraded advanced equipment includes: An MRI scanner for St. Boniface General Hospital, a CT scanner for Bethesda Hospital in Steinbach and radiology suite in Lynn Lake and Gillam.

METRO

3 arrested after gas bar robbery

Three people have been arrested and charged with robbery after a gas bar was robbed Tuesday morning near Gateway Road and McLeod Avenue.

Police said three people went to the gas station in a truck, and two went into the station demanding cash and cigarettes from the 18-year-old female clerk. They fled to the awaiting truck, only to crash into another car. The woman drove off in the damaged truck while the two men fled on foot.

METRO

ELISHA DACEY/METRO WINNIPEG

▶ A police cadet patrols the scene of yesterday morning's shooting.

Police investigate West End shooting

Little information available about the man shot
People in custody, no word whether they're suspects

ELISHA DACEY
@METRONEWS.CA

Winnipeg police are investigating an overnight shooting in the city's West End.

Police said they rushed to the scene, in the 700 block of Beverley Street, at around 4 a.m. yesterday morning. There, they found a man in the back alley in critical condition. He was taken to the Health Sciences Centre for treatment.

Several people have been taken into custody for questioning, said police.

One area resident, who would only give his first name as Carlos, said the violence in the area is frustrating.

"Most of the people here, they're good people. They don't want to hurt anybody," he said. "We're trying so hard to make this a family neighbourhood, but there are some houses around here where you know bad stuff is going down."

Carlos said he didn't hear the gunshots overnight, nor did he know the man who was taken to hospital.

"You just hope (the police) catch the bastards who did this and they go away for a long time."

Guardian. Angels

▶ Miseracordia Angel Squad Members Glynis Corkal and Barb Leslie hold cups of Starbucks coffee inside the Shops of Winnipeg Square yesterday.

SVJETLANA MLINAREVIC/METRO WINNIPEG

A gift of light from the angels

This year, the Miseracordia Angel Squad is raising money to build The Great-West Life rooftop garden and solarium for the use of long-term patients. Last year the foundation was able to raise $50,000.

Modernist mural moves from airport to museum

A huge abstract mural that hung in the main concourse of Winnipeg's international airport for almost 50 years has been shipped to the Canada Aviation and Space Museum, which plans to put it on permanent display.

At the moment, "it's in lots and lots of pieces," said assistant curator Molly McCullough.

The terminal closed in October and has been replaced by a new building as part of an airport redevelopment project.

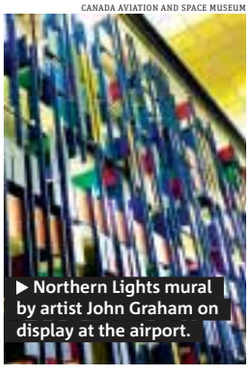
Another large work that was placed at the opposite end of the concourse, Eli Bornstein's Structurist Relief in 15 Parts, has found a home at the University of Manitoba, said Christine Alongi, director of communication for the Winnipeg Airports Authority.

Northern Lights is an unusual acquisition for the Ottawa museum, McCullough said: "Our focus isn't art, it's science and technology and the culture around it." It is modernist in design just like the airport that contained it, and evokes a golden age for air travel — "a time when people still dressed up to fly," McCullough said.

The mural is bound to cause a sense of déjà vu. "I think it will provoke strong emotional responses from people — you know, I-remember-when kind of responses," said McCullough.

THE CANADIAN PRESS

CANADA AVIATION AND SPACE MUSEUM



▶ Northern Lights mural by artist John Graham on display at the airport.

Art history

- **Created out of aluminum,** coloured Plexiglas and mosaic tiles by Winnipeg artist John Graham, Northern Lights was commissioned by the Department of Transport for the airport, which opened in 1964.
- **It's considered important** as a component of the airport building boom that occurred across Canada in the 1950s and '60s.
- **Graham died in 2007.** He taught in the faculty of architecture at the University of Manitoba and served as president of the Royal Winnipeg Ballet.

Cruiser rammed, officer escapes injury

A Winnipeg police officer is lucky to be uninjured after he had to jump out of the way of a stolen truck Tuesday morning.

Police said they spotted a stolen GMC Sierra truck near Ellice Avenue and Furby Street.

Police co-ordinated a traffic stop near Agnes Street and Sargent Avenue.

The vehicle, which had two people inside, initially stopped, but then suddenly rammed a police cruiser. The vehicle then accelerated in the direction of an officer. The officer wasn't hurt.

The vehicle then fled north on Agnes Street, hitting a second cruiser car.

AIR1 tracked the vehicle to Wellington Avenue, where the driver abandoned the truck and ran away on foot. After a brief foot chase, the suspect was taken into custody.

Demian Merle Patrick, 27, has been charged with assaulting a peace officer with a weapon, driving impaired, driving without a licence, theft over $5,000, flight from a police officer, dangerous operation of a motor vehicle and two counts of mischief under $5,000. He has been detained.

His passenger, a female, was not charged.

ELISHA DACEY

Scammers targeting mobile devices

Don't download Android apps from third-party marketplaces

Cybercrimes are becoming more mobile.

As more smartphones and tablets are being used, cyber thieves aren't just targeting personal computers to steal information for financial gain, say antivirus security experts.

"With the proliferation of mobile devices, that's just where the next threat landscape is going," Symantec's Lynn Hargrove said of what's expected in cyberspace in 2012.

"More people will have a mobile phone or a mobile device than a PC," she said.

Young men between the ages of 18 and 31 are targets because of the large amount of time they spend online every week, said Hargrove, director of consumer solutions for Symantec Inc.

Known as the "millennium males," they spend more than 49 hours online a week, she said.

"They're accessing the Internet everywhere," Hargrove said. "They're big on using free Wi-Fi."

Google's Android operating system, used in smartphones and tablets by manufacturers such as Samsung, HTC and Motorola, is vulnerable, experts say.

Mobile malware is on the rise, especially with the Android devices, said Doug Cooke, director of sales engineering at McAfee Canada. **THE CANADIAN PRESS**

Medical records

- David Craig of PwC Canada also foresees the exploitation of personal data for financial gain or embarrassment.
- Electronic medical records, shared between clinics, hospitals and doctors and often stored on patients' devices, are vulnerable, Craig said.
- "As more and more data becomes electronic, it's just more and more available for someone to take it. When it's buried in a physician's paper records in their office, it's harder to steal."

RYAN REMIORZ/THE CANADIAN PRESS

▶ Every year, cyber criminals come up with new ways to steal information from laptops and mobile devices. They also stick with tried-and-true ways of getting personal information through email scams. Security experts say that cyber thieves will be hard at work again in 2012.

Perimeter pact initiatives still years away

Key features of the Canada-U.S. perimeter-security pact — including a controversial new entry-exit system for crossing the 49th parallel — are three to four years from seeing the light of day.

The 29-point deal and an accord on regulatory reform aim to streamline trade while protecting the continent from terrorist attacks and other security threats by aligning approaches and screening more people and cargo before they arrive in North America.

"These agreements create a new, modern border for a new century," Prime Minister Stephen Harper said at a formal ceremony in Washington, alongside U.S. President Barack Obama.

"The key that locks the door to terrorists also opens a wider gate to cross-border trade and travel."

PAUL CHIASSON/THE CANADIAN PRESS

▶ Prime Minister Stephen Harper and U.S. President Barack Obama hold a news conference following a meeting at the White House in Washington, D.C., yesterday.

But many of the initiatives will be years in the making.

Full implementation of the entry-exit control regime isn't expected until June 2014, the same year a new integrated cargo-screening strategy is expected to be fully online.

An improved means of sniffing for explosives in the luggage of U.S.-bound air travellers isn't due for completion until March 2015. **THE CANADIAN PRESS**

Contentious

- The most contentious feature could be the plan to exchange entry information of all persons at the Canada-U.S. border, which would serve as a record of exit from the other country.
- Critics of the perimeter-security initiative argue it puts Canadian sovereignty at risk.

FB's popular list is out

An obscure online acronym is among the more surprising topics popular with Canadian Facebook users in 2011.

Facebook's list of the year's most popular status updates was topped by LMS, which is short for "like my status." The acronym was followed by the late Jack Layton, the video game Call of Duty: Modern Warfare 3, the death of Osama bin Laden and Charlie Sheen. **THE CANADIAN PRESS**

SCHALK VAN ZUYDAM/THE ASSOCIATED PRESS

▶ Kent

'Kyoto, for Canada, is in the past': Kent

Canada's environment minister says the Kyoto Protocol is yesterday's climate deal.

"Kyoto, for Canada, is in the past," Peter Kent told delegates yesterday at United Nations climate talks in South Africa.

He urged countries to forget about Kyoto and focus on a series of agreements reached last year in Mexico.

"The Kyoto Protocol is not where the solution lies — it is an agreement that covers fewer than 30 per cent of global emissions," Kent said.

"It is an approach that does not lead to more comprehensive engagement of key parties who need to be actively part of a global agreement." **THE CANADIAN PRESS**

Woman accused in Gadhafi plot

Mexico says Ontario woman led plan to sneak in late dictator's son

An Ontario woman has been accused of leading an audacious plot to sneak a son of the late Libyan dictator Moammar Gadhafi and three relatives into Mexico.

The woman, Cynthia Vanier, is being held with three other suspects, said Mexico Interior Secretary Alejandro Poire.

The elaborate plan was to bring to Mexico al-Saadi Gadhafi — known for his love of professional soccer and his run-ins with police in Europe.

The plot was uncovered by Mexican intelligence agents in early September as al-Saadi was fleeing Libya shortly after his father's ouster. He never made it to Mexico, but did reach Niger, where he has been living.

The plotters allegedly jetted into Mexico, opened bank accounts and bought properties meant to be used as safe houses in several parts of the country, including one at a resort on Mexico's Pacific coast.

"The large economic resources which this criminal organization has, or had, allowed them to contract private flights," Poire told a news conference.

A Danish man allegedly served as "the logistic liaison" for the plan, Poire said.

Mexico made no mention of Moammar Gadhafi himself being involved in the plan. He was killed in Libya on Oct. 20.

The Foreign Affairs department confirmed Vanier's arrest.

THE ASSOCIATED PRESS

DAN PELED/THE ASSOCIATED PRESS/FILE

▶ As Libya erupted in revolt, al-Saadi Gadhafi fled to Niger, where he has been living.

The Vanier file

- Cynthia Vanier runs Vanier Consulting, a "practice dedicated to high-risk unconventional mediation work," according to a resumé.
- Vanier worked with Attawapiskat First Nation in the fall of 2009, according to her website.
- Her resumé also cites work with various other aboriginal groups, including Caledonia's Six Nations of the Grand River from 2006 to 2007.
- A woman who answered the telephone at Vanier Consulting in Mount Forest, Ont., would not give her name, and did not respond to requests for an interview.
- "I haven't heard anything about today's matters," said Vanier's Toronto-based attorney, Paul Copeland.

What does unlimited-access-to-newer-movies mean to you?

It means you and your family can spend quality time together watching hundreds of newer movies with Movie Club powered by Movie Central, exclusively with Shaw.

$12 per month | hundreds of titles | unlimited access

Visit us at VOD.SHAW.CA/MOVIECLUB or call us at 1.866.269.8356 to learn more.

More Movies
100s of Newer Releases

What does SHAW mean to you?

Unlimited Viewing

Offer subject to change. All Shaw services are provided in accordance with Shaw's Joint Terms of Use and Privacy Policy set out at www.shaw.ca. Not all Shaw services are available in all regions. Prices shown do not include tax. Movie Central® is the registered trademark of Corus Entertainment Inc. Images used with permission of the Walt Disney Company© 2009, 2010. All Rights Reserved.

China police crack child-trafficking rings

Chinese police arrested 608 suspects and rescued 178 children in busts of two separate child-trafficking networks, authorities said yesterday.

The Ministry of Public Security said prosecutors were preparing cases against the suspects, suggesting charges have yet to be filed.

Its statement posted online said 5,000 police across 10 provinces co-operated for six months on the investigation and moved in to arrest the suspects last week.

Child trafficking is a big problem in China, where traditional preference for male heirs and a strict one-child policy has driven a thriving market in baby boys, who fetch a considerably higher price than girls. Girls and women also are abducted and used as labourers or as brides for unwed sons.

Tens of thousands of children go missing every year, though the exact numbers of victims are difficult to obtain.

The rescued children will be put into orphanages while authorities try to reunite them with their families, the ministry said. It didn't give the age range of the abducted children or other specifics.

State broadcaster CCTV aired footage showing female police officers cradling babies in their arms. The footage also showed more than a dozen suspects handcuffed and escorted by officers, or lined up outside a building in Fujian province. Families who bought trafficked children would be forbidden from keeping them, a ministry official told CCTV.

The statement said police have rescued 18,518 children and 34,813 women since it started a human-trafficking campaign in 2009.

THE ASSOCIATED PRESS

7,000
gangs or rings that sold women or children were cracked by the police since it started a special campaign against human trafficking in April 2009.

Syrian president denies fault

In interview, he laughs off question about whether he feels guilt for the deaths of 4,000 Syrians

Syrian President Bashar Assad said in a rare interview broadcast yesterday that he never ordered the brutal suppression of the uprising in his country and insisted only a "crazy person" would kill his own people.

"I did my best to protect the people," he told ABC's Barbara Walters during an interview at the presidential palace in the Syrian capital, Damascus. "You feel sorry for the life that has been lost, but you don't feel guilty when you don't kill people."

Assad, who commands Syria's armed forces, has sealed off the country to most outsiders while clinging to the allegation that the uprising is the work of foreign extremists, not true reform-seekers aiming to open the authoritarian political system.

The United Nations and others dismiss that entirely, blaming the regime for widespread killings, rape and torture. Witnesses and activists inside Syria describe brutal repression, with government forces firing on unarmed protesters and conducting terrifying house raids in which families are dragged from their homes in the night.

"No government in the world (kills) its people unless it is led by a crazy person."
BASHAR ASSAD, SYRIAN PRESIDENT

"They're not my forces," Assad responded when asked if Syrian troops had cracked down too hard on protesters. "They are military forces (who) belong to the government. I don't own them."

THE ASSOCIATED PRESS

ROB WALLACE/ABC/THE ASSOCIATED PRESS

▶ Syrian President Bashar Assad poses with ABC News Anchor Barbara Walters for an interview, which aired yesterday. Assad denied he ordered the deadly crackdown on a nearly-nine-month-old uprising in his country, claiming he is not in charge of the troops behind the assault.

Assad's defence weak: Expert

Murhaf Jouejati, a Syria expert at George Washington University, said Assad's interview was both "defiant and delusional."

"He is the commander-in-chief of the armed forces," Jouejati said. "To say that the security forces do not have orders to kill or to brutalize the people — that it's maybe the mistake of some bad apples — is not a response."

But he said stonewalling was not a surprise, given the regime's actions in the past. "If he is not responsible, then we don't know what he is doing in the presidency." THE ASSOCIATED PRESS

Kenya's doctors demand change

Hundreds of doctors from public medical facilities marched through the Kenyan capital yesterday to demand a larger stock of drugs in their hospitals, better equipment and better pay.

The doctors were on the third day of a countrywide strike. Teaching staff have been drafted to work at the hospitals to help fill the gap.

The doctors said they wanted more drugs and equipment, a national plan to improve health care in Kenya, and higher wages.

The starting wage for doctors in Kenya is about $400 a month. In contrast, members of parliament make around $11,000 a month — some of the highest wages for legislators in the world.

THE ASSOCIATED PRESS

Police killer evades death

Prosecutors yesterday abandoned their 30-year pursuit of the execution of convicted police killer Mumia Abu-Jamal, the former Black Panther whose claim that he was the victim of a racist legal system made him an international cause celebre.

Abu-Jamal, 58, will instead spend the rest of his life in prison. His writings and radio broadcasts from death row had put him at the centre of an international debate over capital punishment.

Flanked by Officer Daniel Faulkner's widow, Philadelphia District Attorney Seth Williams announced his decision two days short of the 30th anniversary of the white policeman's killing.

He said continuing to seek the death penalty could lead to "an unknowable number of years" of appeals, and that some witnesses have died or are unavailable after nearly three decades.

THE ASSOCIATED PRESS

Brazilian bicycle killer suspect arrested

Brazilian police say they have arrested a man suspected in the shooting deaths of eight men over the past two months.

Police inspector Eduardo Queiroz tells the Globo TV network that 22-year-old Ronis de Oliveira Bastos used his blue bicycle in at least half of the killings.

He says Bastos was arrested Monday on the outskirts of Sao Paulo while riding the bicycle and armed with a .38 calibre revolver.

He says the victims were men between the ages of 20 and 50.

Queiroz said Wednesday that Bastos claimed he used the gun for self-defence because he had received death threats.

THE ASSOCIATED PRESS

Governor gone bad gets 14 years

Rod Blagojevich pleads for mercy But judge tells him: 'The fabric of Illinois is torn and disfigured'

M. SPENCER GREEN/THE ASSOCIATED PRESS

▶ Rod Blagojevich, with wife Patti by his side, speaks to reporters after being sentenced yesterday.

A former Illinois governor was sentenced to 14 years in prison yesterday.

Minutes later, Rod Blagojevich's wife, Patti, stood up in court and fell into his arms.

He brushed tears off her cheek and then rubbed her shoulders.

Judge James Zagel said of Blagojevich: "When it is the governor who goes bad, the fabric of Illinois is torn and disfigured and not easily repaired."

Blagojevich was convicted of a wide range of corruption charges — including trying to sell U.S. President Barack Obama's vacated Senate seat to raise campaign cash or land a high-paying job.

Blagojevich, in a last plea for mercy, tried something he never had before: an apology.

After years of insisting he was innocent, Blagojevich told the judge he has made "terrible mistakes" and he acknowledged that he broke the law.

THE CANADIAN PRESS

Bunker. Stormed

▶ Michele Zagaria under police arrest yesterday. "The government won," he said. "It's over."

SALVATORE LAPORTA/THE ASSOCIATED PRESS

Mobster pried from lair

Police captured Zagaria, one of Italy's most-wanted mobsters who had been run since 1995, in an underground bunker in his home province of Caserta. Police had located the bunker some time ago and were digging around it. Zagaria watched their progress on closed-circuit television. He gave up without a fight.

MacKay may sue MPs over heli-fuss

Defence Minister Peter MacKay, pictured, is considering legal action against MPs who accused him of lying about a ride he took aboard a search-and-rescue helicopter.

MPs have called on MacKay to apologize and even to resign over his use of military resources to shuttle him to the airport in Gander, N.L., from a vacation at a remote fishing lodge.

Documents showed some National Defence staff predicted the trip could be perceived badly, with one suggesting the pickup was only to be under the "guise" of a search-and-rescue exercise.

THE CANADIAN PRESS

Fun Wines for the Holidays
Available in select MLCC Liquor Marts and private wine stores.
Sweet Sunset Red Chocolate
Tasty, smooth Chocolate and red wine. Always makes a Happy Holiday.
Sweet Sunset Golden Peach
Sweet Ripe Peaches and White Wine
Heavyweight Red
For the boxing / MMA fan in the family. This Heavy weight red won't Tap Out.
Pelee Island Secco
Mix equal parts of Sweet Sunset Peach wine and Pelee Island Secco in a champagne flute for a refreshing glass of "Peach Bubbles".

me to we
Better choices for a better world

MAKE YOUR holiday shopping *count* at MetoWe.com/shop

Give socially conscious gifts this holiday season.

FREE THE CHILDREN

Half of Me to We's net profit is donated to Free The Children

Accessories with Purpose

"Hand-crafted by Artisans in Free The Children countries"

Books to Inspire

Sustainable Style

"Eco-Chic and Sweatshop Free"

Find these and other great gift ideas at **MetoWe.com/shop**
Visit our store at **223 Carlton Street (west of Parliament)** or give us a call at **416-964-8942x601**

Solar cheaper than we think: Research

Queen's prof estimates that the clean energy can be had on the global market for less than $1 per watt

A Queen's University professor says the public is being kept in the dark about the viability of solar energy.

Joshua Pearce of the Kingston, Ont. university's department of mechanical and materials engineering says many analysts project a higher cost for solar energy.

But Pearce says they aren't considering recent technological advancements and price reductions.

Pearce says he believes solar systems are near the "tipping point" where they can produce energy for about the same price of other traditional sources of energy.

Pearce makes the comments in releasing a study co-written by students published in the December edition of Renewable and Sustainable Energy Reviews.

Pearce has created a calculator program available for download online that can be used to determine the true costs of solar energy.

Analysts look at many variables to determine the cost of solar systems for consumers, including installation and maintenance costs, finance charges, the system's life expectancy and the amount of electricity it generates.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
+ 67.48 (12,148.73)	- 0.07¢ ($0.98¢ US)
Oil	**Natural gas**
- 79¢ US ($100.49 US)	$3.421 US (- 6.6¢)
	Gold
	$1,734.50 US (+ $13 US)

Apple. Store

▶ Apple employees gather at the entrance to the new Grand Central Terminal store in New York during a media preview yesterday.

MARK LENNIHAN/THE ASSOCIATED PRESS

A big Apple in the Big Apple

One of the world's largest Apple stores is opening at the landmark 140-year-old Grand Central Terminal train station in New York City. The 23,000-square-foot outlet will open its doors to the public on Friday.

RIM forced to change BBX name

Research In Motion is being forced to change the name of its new BBX smartphone operating system after the company lost a trademark ruling in the United States.

The name change marks another setback for the Waterloo, Ont.-based tech company, which has been hyping the new system for months.

A U.S. court ruled that the name BBX has already been trademarked by a software company in New Mexico.

RIM said on its Twitter account that "BlackBerry 10" will be the official name of the next-generation platform that will power future BlackBerry smartphones.

RIM is expected to release a new generation of BlackBerrys early in 2012 that run on the new operating system.

THE CANADIAN PRESS

Crisis-hit Europe facing holiday gloom

The streets of downtown Lisbon are usually ablaze with Christmas lights around this time — but this year the city has put on a sombre show that matches the sombre mood of austerity.

The Yuletide gloom is seen across Europe's crisis-hit southern rim, as Athens and Madrid also dim the Christmas lights in a sign of how anxious countries have become about the future.

In Lisbon, the city council has cut its festivities budget to $200,000 this year, leaving main streets short on Christmas spirit.

The frugality has inspired ingenuity. Artists invited to help Lisbon look more festive have strung up multi-coloured umbrellas with flashing lights over busy Chile Square. Across town, passersby are being given sparkling lapel pins to provide their own Christmas lighting.

ARMANDO FRANCA/THE ASSOCIATED PRESS

▶ Artist Miguel Braganca, right, shows his puppets to shopper Mariana Correa at a Christmas market in Lisbon, Portugal on Monday.

In Athens, authorities are mending their ways after the lavish spending of past years. City officials say their outlay for the holidays will be one-tenth of last year's, at $270,000.

In struggling Spain, Madrid has also scaled back its seasonal spending (at a still-impressve budget of $3.35 million), making do with some of last year's decorations along city avenues and using fewer lightbulbs.

THE ASSOCIATED PRESS

Netflix CEO predicts rebound

Shaking off the challenges of the past five months won't be easy, Netflix CEO Neil Hastings acknowledged yesterday when he spoke at a UBS investor conference in New York.

"If you fundamentally believe Internet video will change the world in 20 years, we are the leading player on that basis," Hastings said.

THE ASSOCIATED PRESS

HERE'S A TABLE TO ENTERTAIN 24 OF YOUR FAMILY, FRIENDS AND NEIGHBOURS AT THE SAME TIME!

MCC FURNITURE THRIFT STORE

18 Keewatin Street, Winnipeg, MB (one block north of Notre Dame Avenue) 204.694.3669 • mccfts@shaw.ca • mccfurniturethriftstore.com Hours: Mon. to Wed., Fri. & Sat. 10am to 5pm, Thurs. 10am to 8pm - closed Sunday and holidays

HOW TO HOST AN OFFICE CHRISTMAS PARTY

HE SAYS ...

JOHN MAZEROLLE
METRO

As one of Canada's top 605 columnists, I'm often asked advice on how to throw the perfect office Christmas party.

To me, the key has always been to think about fun and merry-making, so that you can avoid those things whenever possible.

You don't want to get sued, do you?

As most holiday partygoers know, parties have changed over the years from alcohol-fuelled blowouts where you might see Barb the secretary drink Kahlua from a shoe, to glorified potlucks where the wildest thing is the Worst Christmas Sweater contest.

Nowadays everyone seems scared, rightly or not, that they'll get sued if a partygoer drinks too much and goes all Darwin Awards on them. We, as hosts, fear our own guests' stupidity. (Eventually a drunk driver will sue the descendants of Sir Isaac Newton, whose famous forebear was reckless enough to have discovered the laws of motion, which have caused us all so much harm.)

My usual advice for the Christmas-party problem is to take extra precautions: serve alcohol, but only responsibly; get everyone to sign waivers (make sure the pencils aren't too sharp!); and place written warnings throughout the party explaining the possible danger represented by each item, including co-workers.

But this year I'm advocating something different, mostly because I want to see how it works out. This year, you should throw a party so wild that everyone will either forget what happened or be too embarrassed to bring it up, let alone sue.

John's unethical office-party tips:

- Start by picking a party theme. Tequila or Rum are two good ideas to get you started.
- Don't be concerned with unnecessary party frivolities, such as food.
- Spike everything, including the non-alcoholic beer. It's Christmas.
- As guests arrive, tell them it's a "social mixer" and seat them in unusual pairings — for example, your co-worker's husband with the blond intern, or Ms. Phillips in finance with the mail boy. Playfully point out the mistletoe over each spot.
- Provide a gift bag that includes a game of Twister, several lampshades and a pair of Santa-themed underpants.
- For the coup de disgrace, supply everyone with disposable cameras.
- As people are stumbling out the door, provide them with "door prizes" containing a perfume- or cologne-stained handkerchief, a napkin with a phone number on it and a strand of blond hair.

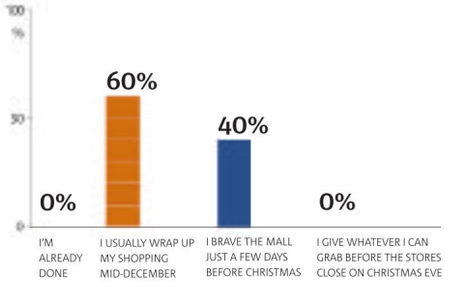
If all goes well (how could it not?), everyone will have the time of their life and never speak of it again.

Oh, and if something horrible and/or tragic happens because of my idea, then remember your legal recourse. Sue Isaac Newton.

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

How early do you finish Christmas shopping?



Local tweets

- **@Sonicorp:** It looks like renting video games and movies in #Winnipeg is no longer an option. All Blockbuster closed and soon Rogers Plus stores also.
- **@OneFunnyBastard:** The funniest thing about this tweet, is that by the time you realize that it doesn't say anything, it's too late for you to stop reading it
- **@dxotauro:** I wish this was as cold as #Winnipeg winters got.
- **@HackswithHaggs:** Wasn't bad at all. Downtown area merits further investigation
- RT @djnz7782: Haggs, was Winnipeg everything u dreamed it would be?
- **@Teddier:** @behindthenet need to get back to Winnipeg for Perogies!
- **@pulpmx:** At the airport going to Winnipeg for a few days. I hear it may be cold there, I didn't bring the flip-flops.
- **@WpgCameraMan:** Why can't I ever start the day with something really good and positive? Never look to email inbox for joy.
- **@wpgjets2011:** Tanner Glass said that the MTS Centre is the loudest building he has ever played in, Including the Stanley Cup Finals. #BestFansInTheWorld

Birthday treats for polar bear

KINGUSSIE, SCOTLAND. Is Walker the polar bear planning The Great Escape? Probably not, as he seems quite content after celebrating his third birthday at Highland Wildlife Park in the Scottish Highlands. After playing with his new toy — a workman's hard hat — he ate an ice birthday cake, full of fish, fruit and vegetables.

METRO WORLD NEWS

370 kilograms is Walker's current weight. He is small now; the average polar bear can weigh over 600 kilograms.

He still waits for a special one

MATING. Walker may have to play with that hard hat a little longer after his date with a mate has been delayed. Zookeepers had brought in a potential female mate but she turned out to be already pregnant. Walker once had a female companion, but she had to be put down in April due to ill health. METRO WORLD NEWS

"Young bears are very inquisitive, especially Walker."

UNA RICHARDSON, ZOOKEEPER AT HIGHLAND WILDLIFE PARK

Daily Zoom

GETTY IMAGES

Anybody seen my baby?

metro
METRO WINNIPEG • 161 Portage Ave E • Suite 200 • Winnipeg MB • R3B 2L6 • T: 204-943-9300 • Fax: 888-846-0894 • Advertising: 204-890-8397 • adinfowinnipeg@metronews.ca • Distribution: winnipeg_distribution@metronews.ca • **Vice-President and Group Publisher, Metro Western Canada** Steve Shrout, **Managing Editor** Elisha Dacey, **Sales Manager** Dave Kruse, **Distribution Manager** Rod Chivers • **METRO CANADA: President and Publisher** Bill McDonald, **Vice-President, Sales** Quin Millar, **Vice-President, Business Ventures** Tracy Day, **Vice-President, Marketing & Interactive** Jodi Brown, **Editor-in-Chief** Charlotte Empey, **National Deputy Editor** Fernando Carneiro, **Managing Editor, News & Business** Amber Shortt, **Managing Editor, Life & Entertainment** Dean Lisk, **Managing Editor, Night Production** Matt LaForge, **Associate Managing Editor, News & Business** Kristen Thompson, **Art Director** Laila Hakim, **National Sales Director** Peter Bartrem, **Director, Marketing & Research** Robyn Payne

Already on iTunes, Annex Theory now releasing a CD Includes a cover of Rush's music

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG

Annex Theory releases its debut EP Beneath the Skin tomorrow night at The Zoo, but the Winnipeg progressive metal band is more stoked about what's on the horizon.

See, Skin has been available on iTunes since May, but the band only recently received physical copies, hence the lack of a proper CD release show until now. Because of the heavy metal hold-up, the sextet has another EP almost ready to go and enough songs in the bank for a full-length album.

"Our new material is what we wanted to sound like when we started three years ago," guitarist Sam Jacobs, 19, says, who's joined in Annex Theory by vocalist Trevor Birnie, guitarist Wade Forshaw, bassist Jordan Fehr, keyboardist Matthew Rutowicz and drummer Adam Jefkins.

"The EP is still us, it's still Annex Theory, but I'd say the new stuff is more in the direction of songs like Orbit and Horizons (two Skin songs), a little more rhythmic. We actually play seven-string guitars now. Wade did before, but we never wrote like that because I didn't have one. Now we're writing in a key that's very low and heavy."

CONTRIBUTED

▶ Annex Theory's CD release party is tomorrow night.

The EP, the one not being released tomorrow, is currently being mixed by Threat Signal guitarist Travis Montgomery and will be made available online in the near future.

Titled Process Existence, it will feature a cover of Rush's Subdivisions.

"I got into Rush because of a teacher in high school," vocalist says Trevor Birnie, 25, formerly of Damascus and Montreal death metallers Quo Vadis. "I'd show him metal bands here and there and he said, 'I appreciate the musicianship; you need to check out Rush.' When I first heard them it was like 'You mean that's one guy (Geddy Lee) doing keys, bass and vocals and not missing a beat?'"

Like the Canadian prog rock band, Annex Theory aims to be as listenable as it's liberal.

"Stylistically (the full-length) is quite a bit different from (Beneath the Skin) in that we're really focused on song structure rather than just an assortment of awesome riffs that don't necessarily complement each other," Jacobs says.

"Every song flows well," adds Jefkins, 26. "It's got really good suspension, tension and release."

Tickets for tomorrow evening's Annex Theory CD release show are $10 at the door. Local headbangers Tyrants Demise, Long Term Enemy and On This Day provide support. Showtime is 10 p.m.

No sleep until Cleveland

Beastie Boys, Guns N' Roses and Chili Peppers are among the 2012 Rock Hall of Fame class

Welcome to the Rock and Roll Hall of Fame, Guns N' Roses.

The seminal rock band of the late 1980s and early '90s, best known for hits like Welcome to the Jungle, Sweet Child O' Mine and November Rain, leads the 2012 class of inductees announced on Wednesday. Also making the cut is the hip-hop trio Beastie Boys; rockers the Red Hot Chili Peppers; the late singer/songwriter Laura Nyro; Donovan; and influential British rock group The Small Faces/The Faces, which included Rod Stewart and Rolling Stones guitarist Ronnie Wood.

Nyro, who wrote such hits the 5th Dimension's Wedding Bell Blues and Blood Sweat & Tears' When I Die, is the only female act to make it this time around. The hall passed on Donna Summer, Joan Jett and the Blackhearts, Heart and Rufus with Chaka Khan, who were on the ballot for 2012.

But it wasn't just women who were denied entry into the rock hall for next year. Voters also passed on hip-hop pioneers Eric B. & Rakim, War, the Cure and the Spinners.

Guns N' Roses blazed on the rock scene in 1987 with their official debut, Appetite for Destruction. Fronted by siren-voiced singer Axl Rose, with Slash and Izzy Stradlin on guitars, Duff McKagan on bass and Steven Adler on drums, the group dominated music with its aggressive rock grooves. Early in their career they were criticized for lyrics in the song One in a Million deemed as homophobic.

THE ASSOCIATED PRESS

2 scene

Parade

Rocker Bret Michaels and Grammy-winning singer Cyndi Lauper are among the celebrities heading to New Orleans for Carnival 2012. Orpheus parade organizers named the pair as their celebrity monarchs yesterday.

THE ASSOCIATED PRESS

Cannonball misfires for "MythBusters" TV show, rips through California house and minivan

Today in awkward divorce stories

Moore, J.Lo have unpleasant encounters with thier exes

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA

All of those A-list celebs going through divorces? Things are getting awwwkward!

First up in cringe-worthy separation stories: While Demi Moore was having dinner with a friend at a private club in West Hollywood recently, she couldn't help noticing soon-to-be ex-husband Ashton Kutcher dining nearby.

"She approached his table," a sources tells Us Weekly. "He gave her a hug, and they spoke for a few minutes." The source describes the couple's chat as "polite" but "very awkward."

ALL PHOTOS BY GETTY IMAGES

▶ Demi Moore

At least it wasn't as bad as what went down recently with Jennifer Lopez and her soon-to-be-ex-husband Marc Anthony.

Anthony apparently refused to shoot his Latin reality TV show Q'Viva with Lopez because of her new relationship with 24-year-old backup dancer Casper Smart.

A source told Star magazine: "Marc and J.Lo had a tense conference call when she was in Morocco. Inevitably, their discussion boiled down to her new boyfriend (Smart) and Marc made the decision not to work with Jennifer last week as a result."

Call me crazy, but maybe everything can be described as "tense" when you decide to work with someone you are going through a contentious divorce with.

Baldwin doesn't fly the friendly skies

Alec Baldwin claims he was kicked off an American Airlines flight for playing the Scrabble-like game Words with Friends on his phone.

"Flight attendant on American reamed me out (for) playing (Words with Friends) while we sat at the gate, not moving," the actor posted to Twitter.

Baldwin was eventually removed from the plane and forced to take another flight, though his rep laughs off the situation. "He loves Words with Friends so much that he was willing to leave a plane for it," spokesman Matthew Hitzik says.

▶ Alec Baldwin

But some sources say it wasn't as simple as all that. Other passengers claim Baldwin was also talking on the phone, and he reportedly became "violent and aggressive" toward the airline staff, according to Hollyscoop. METRO

Lohan to talk to Ellen

Lindsay Lohan is looking to unveil her Playboy spread on daytime television, as she's chosen Ellen DeGeneres' show for her only magazine-related interview, according to Hollyscoop.

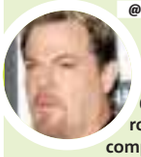
"Lindsay has agreed to do one media interview during the on-sale period of her issue, and has chosen Ellen. Lindsay will not be doing any additional interviews to promote her pictorial," a spokesman for the magazine says.

METRO

Celebrity tweets

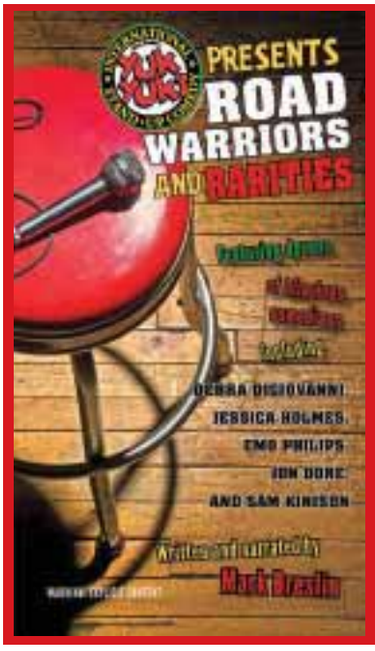
@WhitneyCummings
The more tape you use to wrap a present the crazier you are

@kathygriffin
Since I'm nominated 4 a GRAMMY 4 my comedy album "50 & NOT pregnant" don't u think my GRAMMY date should b @JustinBieber??



@eddieizzard
I've now run barefoot for 6 days in a row. Feet are complaining and getting stronger at the same time

@thomaslennon
"she's got legs and knows how to use them" is not that great of a compliment.



WIN
YOU COULD WIN AN AUDIOBOOK BOX SET OF
YUK YUK'S PRESENTS ROAD WARRIORS AND RARITIES
WRITTEN AND NARRATED BY MARK BRESLIN
VISIT clubmetro.com TO ENTER
To register and for full contest details visit clubmetro.com

From a writer of "The Office"...

Originals

An original webseries completely lacking any originality

In today's episode... "The Meeting"

Bryce faces the hard truth that he may, possibly, have a hint of writer's block. Ok he has a massive case of writer's block. But not to be humbled, Bryce is about to discover that a pretty girl and changing one small habit can be inspiring.

New episodes post every Tuesday and Thursday. Watch at www.facebook.com/OriginalsTheSeries

3 life

Gift picks

For the colleague

Thanks to things like Secret Santa, you can often find yourself in a position where you have to buy a gift for someone you don't know all that well. TankBooks's series of literary classics redesigned as iconic cigarette packaging is a good solution because it combines universally appealing reading (Ernest Hemingway, Rudyard Kipling and Leo Tolstoy, for instance) with cool design.
tankmagazine.com
MWN

Indian elegance in tweed and silk at spectacular Chanel show worthy of a Maharaja

Host with the most...style

The garland is hung, the chestnuts are roasting, the turkey's in the oven But what to wear?

One more thing to add to the to-do list for your holiday party: Find an outfit that creates a celebratory mood, is welcoming and warm (but not hot), can hide a little sauce splatter and has pockets to stash remotes, phones and, for the ladies, lip gloss.

It's the delicate balance of being chic and comfortable.

"I can't imagine any more pressure when you're putting on a party — when you are so focused on wine and food — and you have to look beautiful as well," says Simon Kneen, creative director of Banana Republic.

"Men have it a little easier, but you still have to make it look effortless and easy to manage."

Dressing for the role of host is a little bit different from a guest, with many more practical considerations. Just like every other aspect of the party, seasoned, stylish party-throwers say you'll likely want to do as much preplanning as you can.

Even last month, Kneen knew what he'd be wearing next time he entertained: a poplin shirt, sleeves rolled, with a tie. Meanwhile, Manhattan-based designer Shoshanna Gruss will pull one of her many cocktail dresses out of her closet and pair it with a chunky necklace or sparkly cuff bracelet.

"I have some fun statement pieces that I don't get to wear often," she says. "You're setting the rules so you know you'll be appropriate."

It would be a letdown, she adds, for guests who have put thought into their outfits to find the hosts in something they'd wear any other night.

"It feels funny to put on a dress and high heels at home, when you know you're not leaving, but it sets the tone," Gruss says. "Your guests will appreciate it."

Minnie Mortimer says she likes to emerge from her bedroom all dressed up, especially now that she lives in more casual Los Angeles after growing up in New York and Palm Beach, Fla.

This year, Mortimer will jazz up her look with a glittery hair pin. "I really like the holidays to be about a little bit of sparkle. It's hard to do the rest of the time or it looks too much, but during the holidays, it looks appropriate," she says.

THE ASSOCIATED PRESS

PARK & BOND/THE ASSOCIATED PRESS

▶ Tyler Thoreson, head of Gilt Groupe's menswear editorial and creative divisions, likes a deep-red, fine-wale pair of cords for men. "It's an injection of holiday without going overboard," he says.

▶ Banana Republic

▶ Shoshanna

▶ Shoshanna

Festive face

- Makeup should be maintenance-free, says Ricky Wilson, Dior Beauty's celebrity makeup artist.
- "You have to keep in mind that you have many people looking at you with little or no time to look at yourself."
- His picks include false eyelashes or at least waterproof mascara, and liquid eyeliner.

WagJag.com DEAL OF THE DAY!

50% OFF REFLEXOLOGY AND TAROT READING AT EARTH MAGYK

HIGHLIGHTS
- Holistic healing practice.
- Relieve stress and increase energy.
- Organic teas, soaps and more.
- In-home service available to Winnipeg residents.

Regular Price: $85
You Save: $43
Discount: 50%

If you're sixty and you know it read these trends

THE KIT

It's easy to look and feel your best no matter what your age. Here we compiled some of the best products out there for ladies in their 60s. Go ahead and enchance your natural beauty!

AFTER HOURS

Bedtime is best for rich skin cream, because its consistency won't interfere with make-up. L'Oréal Paris Age Perfect Hydra-Nutrition Golden Balm Night for dry skin is enhanced with nourishing oils and has a luscious melting texture. $30, lorealparis.ca

EYE DRAMA

Choose a palette with matte and satin options. Guerlain Écrin 4 Couleurs long-lasting eyeshadows has both, plus soft iridescent and subtle metallic shades for strategic highlighting. $64, guerlain.com

TAKE A BROW

Brows were full at Jill Stuart, Prada and Alexander Wang; they're a must for defining the face. Urban Decay Urban Brow Precision Tip Brow Tint has a super-fine brush tip and the perfect water-resistant shade for blondes. (Shown: Blonde.) $24, urbandecay.com

CRANK THE VOLUME

Boost lifeless locks with Hair: Sally Hershberger Plump Up Thickening Mist for normal to thin hair, $13, hoppersdrugmart.ca

SUBSCRIBE FOR FREE TO THEKIT.CA AND DISCOVER THE DIGITAL WORLD OF BEAUTY.

Christmas colognes

CHANEL JERSEY

Jersey takes both its name and inspiration from Coco Chanel's controversial jersey collection of the Twenties. The pairing of jersey with lavender may read like a laundry powder but notes of musk and tonka bean give their latest scent a warm kick.
75 ml, $110, chanel.com

CZECH & SPEAKE VÉTIVER VERT

Vetiver belongs to men – not literally but in the fragrance sense. To rejuvenate this 'old timer' Czech & Speake have added green woody notes and citrus. That means you won't be emanating the same smell as every other chap on the street. **100ml, $118, czechandspeake.com**

NASAMATTO HINDU GRASS

The press release says it's meant to create "a warm affection for humanity." Oddly, you'll find no clues about the ingredients – this goes against the perfumer's concept. But we'd bet on wild grasses and patchouli.
30 ml, $165,averyfineperfumes.com

Get a leg up with beautiful boots

Cover up your gams in some glammed-up galoshes

There's fall and spring, winter and summer — and there's boot season. For many fashion fans, that's the best time of year.

Chances are you've broken out the cowboy boots and jeans, riding boots and leggings and maybe your best black work trousers and those cute high-heel booties you bought last year.

They're all easy, almost no-fail pairings. Finding the right skirt to go with boots, however, is more likely to trip you up, especially this particular season when it seems anything goes with hemlines.

Do long skirts get tall shafts or shorter ones? What's the rule on miniskirts? And can functional weather-friendly boots meet a fashion-forward midiskirt somewhere on the middle of the calf?

Stuart Weitzman

"Boots can do it better than almost anything when it comes to pulling your look together, but it also can cut you up," says celebrity stylist Cristina Ehrlich.

She adds: "You have to put your outfit on. If your eye goes straight for the foot, then something isn't right. You want a full 'look.'"

Since proportion matters, she suggests every outfit get the mirror test because what works for one skirt might not for the next, even if they're similar styles.

It's all about lines. You don't really want the top of the boot to meet the hemline; it could be longer or shorter — and filled in, when needed, with opaque tights, says Jen Ford, fashion news director at Lucky magazine.

Ehrlich, a style spokeswoman for Via Spiga, says the most foolproof boot choice is a to-the-knee shaft and a wedge heel, probably in black suede. But, she adds, you'd be surprised how easy it is to incorporate a dark purple, bottle green or grey suede into an existing wardrobe, even one rooted in black.

With a five- or 7.5-centimetre heel, there's really not an outfit you can't wear with these boots. She'd put them on in September and not take them off until April — and that's travelling to different places and climates.

"With the wedge, you get comfort and gain a few inches. You can dress it up or dress it down," Ehrlich explains. "It's chic and cool."

THE ASSOCIATED PRESS

50% off original price
Entire Store
Excluding new arrivals. Limited time offer.

Enter for Your Chance to Win
1 of Ten $1,000 Wardrobes from Olsen Europe
OR
1 of Fifty $150 Olsen Europe Gift Cards

First Name
Last Name
Address
City
Province
Postal Code
Phone #
E-mail

Please complete all areas of the ballot to be entered into the draw. Some restrictions apply. See Wardrobe Specialist for details. Contest valid in Canada Only - excluding Quebec. Contest ends Sunday December 18, 2011.

☐ Check box if you do not wish to receive information about Olsen Europe's promotions.

To visit a store nearest you please visit www.olsenfashion.com

Stay Connected:
- www.olsenfashion.com
- facebook.com/olseneuropefashion
- twitter.com/olseneurope

olsen EUROPE
fashion. worldwide.

Idea + Ikea = ideal for guests

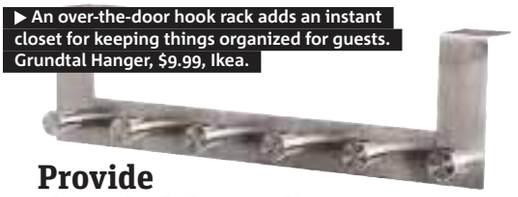
Karl Lohnes on how a budget guest room can make for a 5-star hotel comfort with a trip to Ikea

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

It's that time of the year when our spare bedrooms, couches and even our floors welcome guests visiting for the holidays.

Here are a few easy ways to comfortably welcome friends and family without spending all your holiday budget.



▶ An over-the-door hook rack adds an instant closet for keeping things organized for guests. Grundtal Hanger, $9.99, Ikea.

Provide thoughtful supplies

As a frequent traveller, I find myself always forgetting something behind at home. What a nice surprise to arrive at a friend's place and discover that they've anticipated my forgetfulness.

Installing a guest account on your home computer, extra toiletries, bottles of water, room spray, extra hangers, an alarm clock, a humidifyer and over-the-door hooks for extra hanging storage are all welcomed by guests.

Send them to sleep on a cloud

If you don't have an extra bedroom or pull-out sofa, a quality blow up mattress on the floor can create a comfy nest for your guests.

The modern mattresses are leak-proof, have electric pumps and some come with foldable, lightweight bases to elevate the mattress off the floor.

Of course an extra blanket and freshly ironed sheets always create a touch of luxury.

My special treat to overnight guests this year is adding extra comfort to a mattress, sofa or air bed with a mattress topper; just a few extra inches of plush comfort will make them feel like they are sleeping in a 5-star hotel!

▶ Add a layer of comfort to a mattress, air or sofa bed. Sultan Torod Pillowtop, starting at $199, Ikea.

Carry tote baskets keep toiletries organized and shared bathrooms free of clutter. Nansum Basket, $24.99, Ikea

ALL PHOTOS IKEA

Offer spa treatment

You might only have one bathroom in your place so how do you make it feel as personal for yourself as guests? Try to strip all your personal belongings on display and keep them in a carry caddy in your bedroom. Supply your guests with a similar caddy (filled with toothpaste and shampoo). Decorate your washroom with decorative towels, fresh flowers and candles. You might want to supply extra pyjamas, a bathrobe and slippers for your guests; these are usually the last things to be packed — if at all.

Spoil your guests

Tips to help you be a hostess with the mostess.

- **Don't alarm:** Ask your guest about preferred wake up and breakfast times.
- **Token gesture:** Have tokens for out of town visitors so they can run errands.
- **Small details:** Add a scented candle by the bathtub.

Is your bath worn-out, cracked or just outdated?
Barrier FREE Showers
BATH FITTER will take care of your bathroom remodel. That's our job and our promise.
THE BATH FITTER ADVANTAGE
• No need to disturb existing flooring or plumbing
• Innovative, Easy-to-Clean
• Wide Selection of Designer Styles and Colors
• Lifetime Warranty
A perfect gift idea for this holiday season!
PRESENT THIS COUPON AND SAVE
$200
FREE IN-HOME ESTIMATE TODAY!
BATH FITTER
204-668-1016 • 866-848-6399
www.BATHFITTER.com

KEEP THOSE PETALS LOOKIN' PRETTY

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

Dear Charles the Butler,
I love to display fresh flowers, but when I receive a bouquet I never know what to do so they last as long as possible. Any suggestions?

Who doesn't love a fresh bouquet of flowers! Here are some very simple rules to help flowers last longer.

1. Always cut the stems — a clean cut with sharp scissors diagonally will help them "drink" water more efficiently.
2. When in a large vase, always use a maximum of one capful of bleach. This will keep the water clear.
3. My mother swears by adding a small baby aspirin to each vase. Although I have never done this myself I have had other butlers tell me the wonders of this trick.
4. Keep the room temperature as cool as possible. If the flowers are going to be in a very warm area of the house, then try to put them in a cooler room at night. The warmth will expire flowers more quickly than anything.
5. Change the water in the vase at least every other day.
6. Remove any dead flowers as they die, so that the stem does not decay in the water, thus affecting the other flowers in the vase.

HAVE A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONEWS.CA

ISTOCK

▶ Flowers need to be fresh. Period.

Cue the crowd-pleasing casseroles

This Crab and Rice casserole is creamy, portable and feeds a crowd of 16 a hearty dinner

Many of us seem to spend the entire month of December on the move, going from one work or family gathering to another. Which means the food you make for these events needs to feed a crowd and be portable, in addition to tasting great. Enter the holiday casserole!

This multilayer dish takes the flavours of a creamy crab dip (that near ubiquitous offering at holiday gatherings) and turns it into a meal. It serves 16 as a hearty dinner, but can feed many more at a potluck, where diners tend to take smaller portions of each dish.

MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients:

- 2 stalks celery, chopped
- 1 red bell pepper, chopped
- 1 medium red onion, quartered
- 15 ml (1 tbsp) olive oil
- 1 clove garlic, minced
- 2 ml (1/2 tsp) salt, pepper
- 125 ml (1/2 cup) frozen corn kernels, thawed
- 750 ml (3 cups) cooked long-grain white rice

Crab Layer

- 500 g (1 lb) Neufchatel cream cheese, softened
- 250 ml (1 cup) mayonnaise
- 125 ml (1/2 cup) milk
- 10 ml (2 tsp) Old Bay Seasoning
- 1 kg (2 lb) lump crab meat
- 50 ml (1/4 cup) chopped fresh chives or scallions

Topping:

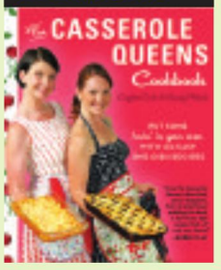
- 45 ml (3 tbsp) butter
- 375 ml (1 1/2 cups) panko breadcrumbs
- 2 ml (1/2 tsp) paprika
- 1 ml (1/4 tsp) salt

Preparation:

1. Spray a 3 L (13-by-9-inch) baking pan with cooking spray; set aside.
   In food processor, pulse celery, pepper and red onion until chopped.
2. In a large skillet heat oil over medium-high; add chopped vegetables, garlic, salt and pepper and sauté 3 to 4 minutes or until softened. Stir in corn and rice; then spoon into bottom of prepared baking pan.
3. Crab Layer: In a bowl, stir cream cheese, mayonnaise, milk and seasoning. Gently stir in crab and chives; spoon over rice mixture.
4. Topping: Return skillet to medium heat and add butter until melted; remove from heat. Add panko, paprika and salt; stir until well mixed. Sprinkle evenly over top of crab mixture. Bake in 200 C (400 F) oven 20 minutes or until bubbly. Let rest 5 minutes before serving.

THE ASSOCIATED PRESS/ ADAPTED FOR METRO BY EMILY RICHARDS, PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND TV CHEF. FOR MORE VISIT, EMILYRICHARDSCOOKS.CA

Weekly Cookbook



Crystal Cook and Sandy Pollock, the casserole Queens, have built their business around revamping the ultimate quick-fix dinners for modern tastes.

In The Casserole Queens Cookbook (Potter, 2011), they share updated recipes for traditional dishes such as chicken potpie, shrimp and grits, stuffed peppers, tuna noodle casserole, ham and cheese skillet casserole, and more. The Queens also provide advice on scaling and freezing casseroles, 16 pages of photos and more.

Artichoke & Gorgonzola Casserole makes this an elegant yet simple dish – perfect for dinner parties

With the busy holiday season upon us, it is handy to have a simple but elegant dish ready to serve family and guests.

Using canned artichokes is a convenient and easy way to add a new vegetable idea to your repertoire and a new side dish for the holiday table this year.

You can find canned artichokes easily in any grocery aisle of canned goods.

Ingredients:

- 15 ml (1 tbsp) butter
- 2 red bell peppers, sliced
- 1 onion, thinly sliced
- 3 cloves garlic, minced
- 45 ml (3 tbsp) chopped fresh Italian parsley
- 5 ml (1 tsp) dried Italian herb seasoning
- 2 cans (each 398 ml/14 oz) whole artichokes, drained and halved
- 250 ml (1 cup) 18 % table cream
- 15 ml (1 tbsp) all-purpose flour
- 90 g (3 oz) Gorgonzola cheese, cut into small pieces
- Pinch freshly ground black pepper

Topping

- 250 ml (1 cup) fresh breadcrumbs
- 30 ml (2 tbsp) chopped fresh Italian parsley
- 30 ml (2 tbsp) butter, melted

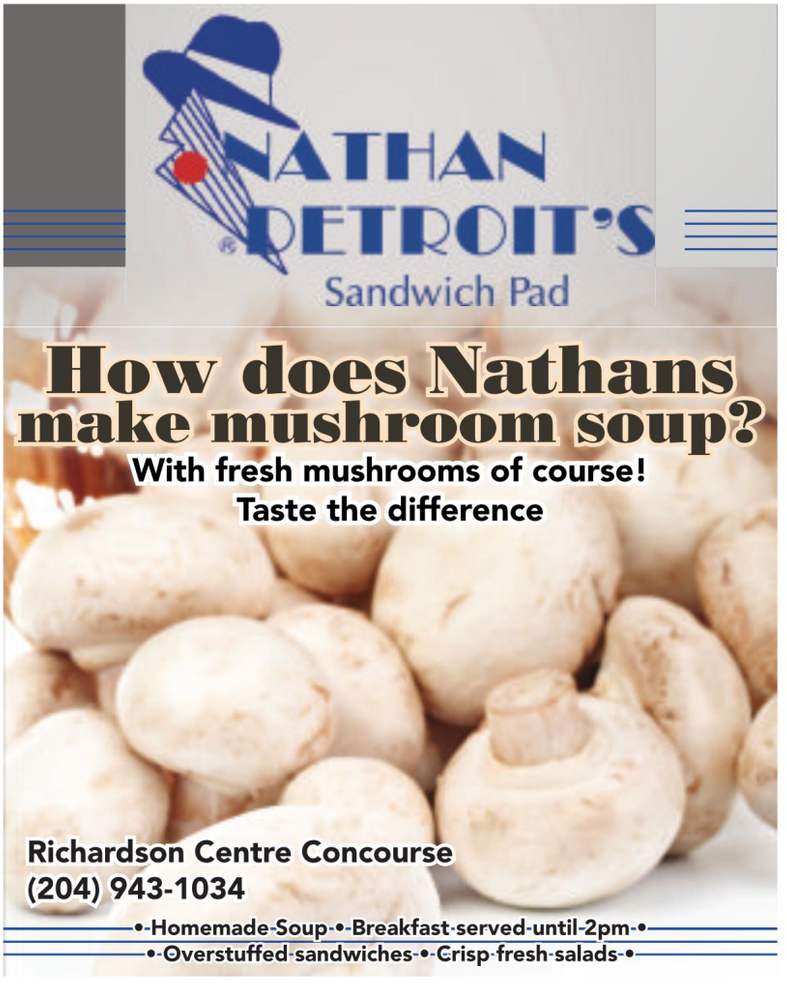
Preparation:

1. In large non-stick skillet, melt butter over medium-high heat and cook peppers, onion, garlic, parsley and Italian seasoning, stirring frequently, for about 8 minutes or until tender crisp and becoming golden. Scrape into a shallow 2.5-l (10-cup) casserole dish. Stir in artichokes; set aside.
2. In same skillet, whisk cream and flour. Add cheese and bring to a simmer over medium-high heat. Whisk until cheese is melted and stir in pepper. Pour over vegetable mixture.
3. Topping: In a small bowl, combine breadcrumbs, parsley and butter. Sprinkle over vegetables and bake in 200 C (400 F) oven for about 20 minutes or until bubbly and topping is golden. Let stand for 5 minutes before serving.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA (ANYDAYMAGIC.CA)/ ADAPTED BY EMILY RICHARDS

THE CANADIAN PRESS H/O

A Winnipeg company is currently looking for an employee with exceptional knowledge of Cantonese and Szechuan style cuisine (including traditional Hong Kong dim sum and Hong Kong style bakery and pastry), is able to and willing to train and to provide recipes and share your skills and knowledge and cooking techniques to the master chefs and sous chefs of the company. You have the following experience: (i) over 5 years experiences of training chefs; (ii) over 5 years experiences of a master chef; and (iii) experiences with opening new restaurants. We offer a competitive salary and comprehensive benefits package. Please send your resume to the following: Eric at: epl663@hotmail.ca



JOY TO YOUR TASTE BUDS.

MILLER GENUINE DRAFT HOLIDAY PACKS*
ARE AVAILABLE FOR A LIMITED TIME.

FACEBOOK.COM/MGDCANADA

*Must be legal drinking age. While supplies last. Available at select retailers.

A thoroughbred among Colts

THE HOCKEY NEWS

RORY BOYLEN
WINNIPEG@METRONEWS.CA

It's been about a month-and-a-half since Mark Scheifele was sent back down to the Ontario Hockey League's Barrie Colts, so how has the 2011 seventh overall pick done since the demotion?

In a word: stellar.

The fact he returned to a much improved Colts team than last year certainly helps, but Scheifele is also the driving force of the team's recovery.

"If you thought the effects of an NHL demotion would negatively affect Scheifele's season, well, it couldn't have played out more differently."

With 30 points through 17 games, Scheifele is already fourth in team scoring and has been for the better part of two weeks. Colts Tanner Pearson, Colin Behenna and Zach Hall all had furiously productive starts to the year — Pearson has launched himself from being passed-over in 2011 into a possible draft prospect — but Scheifele is already closing in on Hall for third place in points on the team.

The worst team in the OHL last season, Barrie all of a sudden finds itself in the hunt for the division lead. Much of that has to do with the fact the team had a solid scoring line at the start of the season — but the return of Scheifele to extend that scoring over two lines has allowed the team to keep it going. If he had stayed in Winnipeg, opponents would have eventually caught on to Barrie's first line, but with Scheifele, they can spread it out and keep teams guessing.

If you thought the effects of an NHL demotion would negatively affect Scheifele's season, well, it couldn't have played out more differently. Everyone in the OHL targets him, yet he's still battling through and scoring at nearly a two-points-per-game pace. The Colts love the fact he saw what life was like in the NHL and brought that experience back to Barrie, because he's a much better junior player for it.

The next big stage for Scheifele will be at the World Junior Championship. He's on Team Canada's preliminary roster and if he doesn't end up on the team, it would be a huge surprise. If he makes it as expected, Scheifele would be the only Jet on either North American entry at the event, so all eyes in Winnipeg will be pointed to Edmonton and Calgary.

He may not have stuck in the NHL right away, but this kid is doing all right.

MARIANNE HELM/GETTY IMAGES

▶ Winnipeg draft pick Mark Scheifele, seen here with the Jets in October, is flourishing with the Barrie Colts in the OHL this season.

MLB buzz still centred around Marlins

Albert Pujols will get a huge contract, there's no doubt. But the team that will sign the three-time NL MVP remains unclear.

Will it be St. Louis, the team he's helped to two World Series titles?

The new-look Miami Marlins, whose newfound riches from their new ballpark are dominating the free-agent market?

The Los Angeles Angels, until now in the background?

Miami was the talk of the winter meetings in Dallas yesterday, with teams wondering how close they were to an agreement with Pujols on a deal that could be worth $200 million US or more over 10 years.

$58M The Miami Marlins plucked another free agent prize yesterday, reaching a deal with four-time all-star pitcher Mark Buehrle for $58 million US over four years.

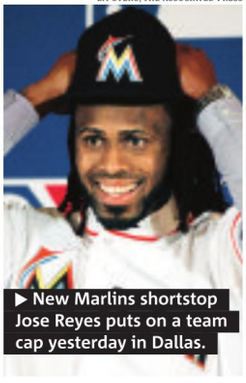
St. Louis said it made a new offer Tuesday to keep Pujols. Agents said they had heard the Angels were bidding, too. Big spenders such as the New York Yankees and Boston Red Sox were reduced to spectators.

"They have a new stadium. They're excited about it, and it's good for baseball," Yankees manager Joe Girardi said of the Marlins. "Our roster is pretty set."

Shortstop Jose Reyes' $106-million, six-year contract was finalized yesterday, a deal that pays him $10 million in each of the next two seasons, $16 million in 2014 and $22 million in each of the final three years. Miami has $22 million option for 2018 with a $4 million buyout.

"It's a perfect situation in Miami," Reyes said. "We have a lot of talent there and the new stadium ... close to Dominican, a lot of Spanish people there, so I think I'm going to like it and enjoy it as much as I can." THE ASSOCIATED PRESS

LM OTERO/THE ASSOCIATED PRESS



▶ New Marlins shortstop Jose Reyes puts on a team cap yesterday in Dallas.

4 sports

Quoted

"I believe there is only one person to blame for what happened and it's myself."

UFC WELTERWEIGHT CHAMPION GEORGES ST-PIERRE, WHO BLAMED A TORN ANTERIOR CRUCIATE LIGAMENT AND A TEAR IN THE INTERNAL MENISCUS OF HIS RIGHT KNEE ON HIMSELF FOR PUSHING TOO HARD IN TRAINING. THE UFC ANNOUNCED YESTERDAY THAT THE MONTREAL NATIVE WILL NEED KNEE RECONSTRUCTION SURGERY AND A LAYOFF OF PROBABLY 10 MONTHS.

"I'll be back on top, I'll be back (as) champion."
ST-PIERRE

Scan code for more sports.

JONATHAN HAYWARD/THE CANADIAN PRESS

▶ A fan holds up a cowbell before the Jets' inaugural game at the MTS Centre on Oct. 9.

Can Jets save downtown?

Development gets kickstarted by return of NHL to Winnipeg, but still has a long way to go

The Winnipeg Jets are packing in the fans and sold out for years to come. But does the return of the NHL hold the benefits for the city's troubled downtown boosters have always insisted would materialize?

There is no question True North Sports and Entertainment and its MTS Centre are a success, and that was true long before the NHL arrived. When company president Jim Ludlow announced the return of the Jets last summer, he noted that since the arena opened in late 2004 it had hosted more than 1,100 events that drew 6.4 million people through the doors.

But that success hasn't strayed far from the arena's doors.

That's something Ross McGowan, who heads CentreVenture, a City of Winnipeg agency trying to inject new life into the downtown, is hoping to help change. He says a $75-million start is being made on what could be $600 million in development over the next three to five years, as a new sports, hospitality and entertainment district finally takes shape downtown.

"The MTS Centre has been a leading ranked venue in North America since the day it opened."
TRUE NORTH SPORTS AND ENTERTAINMENT PRESIDENT JIM LUDLOW

He's the first to admit a downtown arena, even an NHL arena, can't solve all the problems of an area that has been getting dissed by locals and visitors for a very long time.

"One megaproject like that does not a downtown make," he says.

Boarded up windows, payday loan storefronts and dollar stores aren't going to draw tourists or suburb dwellers, who complain about panhandlers, drunks, litter and crime.

It doesn't help that Winnipeg set a new all-time record for murders this year, topping 34 for the first time. Most of those killings took place outside the main downtown area but shootings have happened a slapshot away from the MTS Centre, where the Jets play.

Air Canada put a lot of noses out of joint when it said this year it won't let its flight crews stay downtown because of safety concerns. The airline apologized but didn't move crews back.

Winnipeg has played the megaproject game before and lost. One costly failure was the North Portage project, which swept away small businesses that once dotted a two-block stretch west of the arena and replaced them with a mammoth indoor mall, Portage Place.

McGowan doesn't deny it. High vacancy rates have plagued the mall for years and it's one good place to beat the Christmas rush — there usually isn't any.

"I think it did fail," he said. "It was seen that that development was the panacea in itself. There was no supporting plan in place to protect that investment.

"We were almost running that risk with the MTS Centre, that it was to be the cure-all for downtown."

The real challenge is changing the demographic of the people who frequent the area, a loaded issue but something that has to happen if new development is to work, says McGowan.

There will be new buildings but there will also be better policing, better lighting and a deal to ensure at least some of the additional tax revenue generated by all the new development gets pumped back into the area.

"This is in essence an investment attraction and protection plan. Everything that we do is intended to reinforce both public and private investment."

The redevelopment of old railyards at The Forks, where the Red and Assiniboine rivers meet, has been a success story but it's far from Portage Avenue, once the major artery that kept Winnipeg's downtown living and breathing.

Another block on Portage Avenue, right across from the arena, is being almost cleared for new construction, the first concrete sign of the new direction CentreVenture has mapped for the downtown. Some of the new redevelopment is also staying in the True North family.

Mark Chipman is chairman of True North and, with Toronto billionaire David Thomson, owner of the Jets. Longboat Development, involved in the work directly across from the arena, is also owned by the Chipman family.

THE CANADIAN PRESS

Team seems to be on the rise

Everything seems to be going to plan for the Winnipeg Jets, but coach Claude Noel isn't doing any celebrating.

Winnipeg continued its climb up the standings by handing Boston its first regulation loss in more than a month on Tuesday night. However, the team was reminded it needed to get right back to work on yesterday morning.

"We're not going to separate our shoulders patting ourselves on the back," said Noel, who wasn't happy with what he saw at practice. "Mentally we weren't engaged as we should have been."

He doesn't expect it to happen again. The Jets have another day of practice before hosting the Carolina Hurricanes on Friday.

Noel is emphasizing the importance of speed to his team.

"You got two practices you can get in and get better," he said. "That's what December was for."

Before meeting Boston, which entered on a 14-0-1 run, the Jets said they could win if they played their game the way they knew they should.

Right. Good luck with that. But Tuesday night probably turned some skeptics into believers.

The Jets are taking advantage of a lot of time at home this month to work on what Noel thinks they need to do to win games consistently. A lot of that work is on the defence.

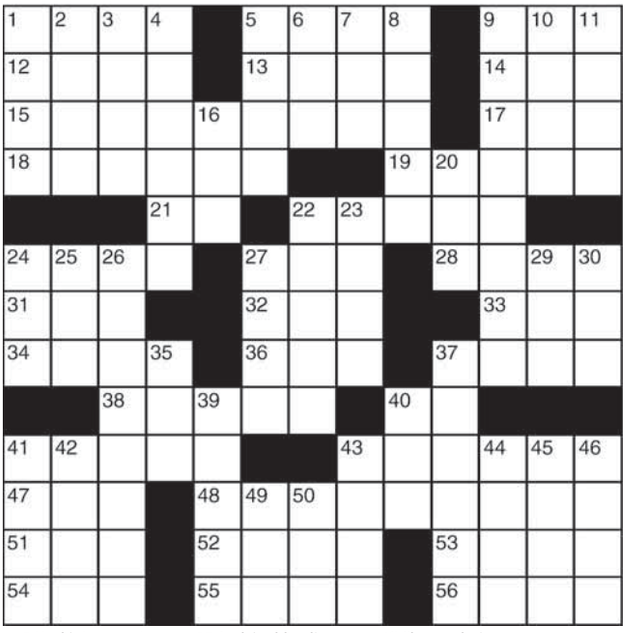
"It's nothing that's been reinvented," he said. "It's just more a conscientious effort to do the right things, managing the puck you know, controlling bluelines, getting it in, getting it out, not creating turnovers, not making risky plays."

An offence that is also clicking helps, Noel said.

"We're scoring first goal of the game which is good, so we're playing with a lead. ...When that happens you're not catching up so you don't need to play with such risk."

THE CANADIAN PRESS

Crossword



Across

1 Get well
5 Start over
9 Dandy
12 Pelvic bones
13 On
14 "I — Camera"
15 Mask
17 Back talk
18 Advertising section
19 Selassie worshipper
21 B&O, for ex.
22 Dodge
24 — and crafts
27 Hearty brew
28 Sandwich treat
31 Round Table address
32 60 sec.
33 Mischievous tyke
34 First course, often
36 Peculiar
37 Touch
38 Obliterate
40 Yours truly
41 Earring locations
43 Random drawing?
47 Lubricate
48 HBO's vampire series
51 Wilde-beest
52 Greek vowel
53 Radius neighbor
54 — out a living
55 Coral structure
56 Appear

Down

1 Stereo setup
2 Verve
3 Has a bug
4 "Star Wars" weaponry
5 Huck's transport
6 Schedule abbr.
7 Elmer, to Bugs
8 "Tosca," e.g.
9 It barely connects to the sternum
10 Leave out
11 One of the Three Bears
16 Mess up
20 Commotion
22 Skip a phoneme
23 Sell
24 Fool
25 Carnival city
26 Loyal to the end
27 Andy's old radio pal
29 Ostrich's kin
30 Make up your mind
35 Opposite of "post-"
37 Greek god of the winds
39 Moving about
40 Flash —
41 Theater box
42 Sty cry
43 Unwilling to listen
44 Apportion (out)
45 Unrivaled
46 Cheese choice
49 Shad product
50 Salt Lake athlete

▶ Yesterday's answer

N	A	S	A		A	F	T		T	R	A	M
A	L	A	R		M	O	O		E	E	L	Y
R	E	C	O	V	E	R	Y		A	C	T	S
Y	E	S	M	E	N		E	N	R	O	O	T
			A	I	D		D	O	O	R		
A	I	R		L	E	T		R	O	D	E	O
T	R	E	K		D	U	D		M	E	G	A
T	A	C	I	T		B	E	T		R	O	T
		O	D	E	S		F	A	A			
J	O	U	N	C	E		A	C	T	I	V	E
O	K	R	A		R	E	C	O	I	L	E	D
W	A	S	P		V	A	T		L	I	N	G
L	Y	E	S		O	R	O		T	A	T	E

For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 Do something meaningful today, something that makes a difference in your corner of the world.

♉ Taurus April 21-May 21 You may be eager to push ahead with a new plan or project but wait until Saturday's eclipse has passed.

♊ Gemini May 22-June 21 The straightest route to your destination may not be the best one.

♋ Cancer June 22-July 22 You could come into a sum of money today, and it's just as possible that you could lose it. Either way, don't take material things too seriously.

♌ Leo July 23-Aug.23 What happens today will at first look like a challenge and then like an opportunity. Get competitive.

♍ Virgo Aug. 24- Sept. 22 Stay calm, be patient and don't try to force the pace over the next 24 hours. You may have to wait for those who think slowly to catch up.

♎ Libra Sept. 23-Oct. 23 If you upset someone in a position of power, make sure you apologize.

♏ Scorpio Oct. 24-Nov. 22 There is no point getting worked up if a colleague does a poor job of what he or she is working on.

♐ Sagittarius Nov. 23-Dec. 21 Bide your time today. Let others make the first move. Nothing is so urgent that it must be done now.

♑ Capricorn Dec. 22-Jan. 20 Try not to get caught up in the hysteria that seems to be making the rounds at the moment. Stay calm.

♒ Aquarius Jan. 21-Feb. 18 A little bit of modesty will go a long way over the next 24 hours.

♓ Pisces Feb. 19-March 20. You may be tempted to cut corners and hope that no one notices. They most likely will, leading to embarrassment. **SALLY BROMPTON**

Sudoku

	9		8		2		6	
		4	5		7	1		
8								4
		7		1		6		
5								8
		8		6		9		
1								5
		6	3		4	2		
	5		2		1		7	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	3	6	5	4	7	8	2	9
9	2	4	3	8	6	5	1	7
8	7	5	9	2	1	6	3	4
6	5	3	2	9	4	7	8	1
2	4	1	7	6	8	3	9	5
7	9	8	1	5	3	2	4	6
5	1	7	8	3	9	4	6	2
4	8	2	6	1	5	9	7	3
3	6	9	4	7	2	1	5	8

Send a KISS

You can now post your kiss, and read even more kisses, at metronews.ca/kiss.

Muffin, I love you with all my heart,even more when we are apart. I want you to know that from the very start of my day until I close my eyes at night you are who I think about! You are my true soul mate, and I think it was fate that we met 10 yrs ago, and it's love,respect,communication and our friendship that has kept us together. I hope we can spend the rest of our lives in each others arms. I Love you Xoxo **PIE**

can't eat, Maybe my life would be complete if you let me spend it with you from making up my mind! Sent you a message. look. Sweetly caring! Secret wish for you to show up at my door. Hold me, please and thank you. Totally understand, if nothing comes of this. I am strong been thru enough to not let negatives get me down. **CAN'T SLEEP**

A look at the weather

Jenna Khan, Weather Specialist
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 5:30 AM**

BT BREAKFAST TELEVISION

TODAY	FRIDAY	SATURDAY
Min -16°	Min -12°	Min -8°
Max -12°	Max -11°	Max -1°

JOHN RAOUX/ THE ASSOCIATED PRESS

Caption contest

THANASSIS STAVRAKIS/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

PUCKER UP...VIRTUALLY!
Tell your friends, family or that secret crush just how you feel with a Metro Kiss...then share it with the world through Facebook and Twitter.
All kisses will appear online and a selection will appear in print too!
Visit **metronews.ca** daily to see who loves whom, or...who loves you!
metro

"Home For Christmas"
Advent Extravaganza
Sunday December 11 at 5pm
A family Christmas for all ages, with activities including: Games, Snacks, Music, Stories, Christmas Tree Decorating, Gifts, Christmas Story Reading, Cookie Making, Hot Apple Cider, and more!
PORTAGE AVENUE CHURCH
1420 Portage Avenue, Winnipeg, MB., R3G 0W2
Ph: 774-4414 Fx: 774-4419 Fellowship Line: 774-4418

FREE TRIAL
lavalife VOICE
CALL NOW!
204-987-2222
Toll Free: 1-866-348-5282
COLLECT CALL BILLING! 1-866-607-5282
1-900 BILLING! 1-900-528-2543
Dial #CLICK (#25425) 79¢/min Bell, Rogers™, Fido | 99 ¢/min Virgin Mobile
18+ *Restrictions may apply
lavalifevoice.com

33 Hargrave Street, Winnipeg

book your appointment today **(204) 800-0317**

Experience upscale living with great features, finishes and breathtaking views.

- On-site resident building managers
- Controlled entry
- Laundry facilities on-site
- Utilities included
- Beautifully renovated suites
- Heated underground parking available
- On-site management office
- Convenient Downtown Location
- Fitness facility
- Furnished suites also available

2 Bedroom Suites from
$1189 to $1370

Timbercreek ASSET MANAGEMENT

www.timbercreekrentals.ca

*Applies to all new applications approved from November 10, 2011 – January 12, 2012. Furnished suites excluded. The free rent will apply to the first and the sixth month of the term.

Timbercreek_106704108_30_2111